

CHC Preschool Lunch Menu

October
2026

Hot entree is available as Gluten Free
Both meals Include two sides and an 8oz drink

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	1	2
			Mac & Cheese Deli Ham and Cheese Sandwich Tater Tot Roasted Broccoli	Pancakes Sausage Patty Breakfast Potatoes Deli Ham and Cheese Sandwich French Fries Vegetable Medley GF Option: Eggs, Sausage and Potatoes
5	6	7	8	9
Pasta with Pesto Chicken Deli Turkey Sandwich French Fries Broccoli	Chicken Enchiladas Refried Beans Spanish Rice Roasted Potato Wedges Deli Turkey Sandwich	Cheese Pizza Deli Turkey Sandwich French Fries	Teriyaki Chicken Cilantro Lime Rice French Fries Roasted Cauliflower Deli Turkey Sandwich	Meatloaf with Mashed Potatoes Deli Turkey Sandwich French Fries Glazed Carrots
12	13	14	15	16
Spaghetti Noodles Meatballs Deli Ham Sandwich Roasted Asparagus Sweet Potato Fries	Beef Tacos Deli Ham Sandwich Corn and Peppers French Fries	No School	No School	No School
19	20	21	22	23
No School	Chipotle Rice Bowl Deli Turkey Sandwich Tater Tot Roasted Brussels Sprouts	Cheese Pizza Deli Turkey Sandwich French Fries	Orange Chicken White Rice Deli Turkey Sandwich French Fries Roasted Broccoli	Beefy Nachos Deli Turkey Sandwich French Fries Elote
26	27	28	29	30
Spaghetti Noodles Meatballs Deli Ham Sandwich Green Beans Tater Tot	Carnita Nachos Black Beans Rice Deli Ham Sandwich French Fries Glazed Carrots	Cheese Pizza Deli Ham Sandwich Potato Wedges	Lo Mein Noodles Diced Chicken Deli Ham Sandwich Tater Tot Roasted Asparagus	French Toast Sausage Patties Deli Ham Sandwich Breakfast Potatoes Broccoli & Cauliflower

PRICES

EXTRA INFO

HARVEST OF



THE MONTH

Menus and nutrition
our app
Taher Food4Life®



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Menus are subject to change without notice. This institution is an equal opportunity provider.